



SUMMER



SPORTS



CAMPS



Sandlot Stars

Non-Profit Org.
U.S. Postage
PAID
Monsey, NY 10952
Permit No. 209

450 West Nyack Road
West Nyack, NY 10994
tel: 845.362.4400
www.jccrockland.org

OPEN HOUSE
May 3: 4-6pm
May 6: 6-8pm
May 17: 5-7pm

JCCs of North America



FREQUENTLY ASKED QUESTIONS:

What is Sandlot Stars?

Sandlot Stars is a unique sports camp designed around a combination of physical education and athletic development. They also play traditional sports, such as basketball, soccer and flag football.

What's new in 2009?

Sandlot Stars has moved to a new location with expanded hours. Now located at the JCC Rockland, Sandlot Stars offers an improved camp experience. The JCC Rockland has air conditioning, large gymnasium, large outdoor field, recreation room, rainy day rooms, youth arcade, dance studio, lunch included, expanded hours from 9am-3pm, and aerobics studios.

What are the camp hours?

Camp hours in 2009 have been extended to 9am-3pm. Beforecare from 7:45-8:45am and aftercare from 3-5pm is offered for an additional cost of \$5 per hour.

Who makes up the staff?

In addition to Mike Looney, the camp has a full-time physical education teacher who serves as the activity director. The counselors of the camp are college-age athletes. We maintain a 10:1 camper to counselor ratio. In addition, we have a junior counselor program which places High School students grades 11-12 in each group.

How do I register?

You can register by mail, over the phone, or online.

Do I have to register for all 6 weeks?

No, you can register from as little as 1 or as many as 6 weeks.

How are the grades grouped together?

1st & 2nd, 3rd & 4th, 5th & 6th, 7th & 8th, 9th & 10th. Based on enrollment, the grouping of the grades may be altered. We will do our best to group friends and family together if age appropriate.

What is the program for 9-10th graders?

9-10th graders participate in a separate program that focuses on sports performance, conditioning and fitness. They will have the opportunity to work with a trainer in the fitness center, participate in speed and agility sessions, and play a variety of sports.

MIKE LOONEY, Camp Director



Strength & Conditioning Coach

St. Thomas Aquinas College

Certified Level One Speed Coach

by S.A.C. Canada/USA

IYCA Certified Youth Conditioning Specialist

ENYSSA Certified Youth Soccer Coach



**For more info contact Sherry at
845.362.4400 ext. 172 or
sherryf@jccrockland.org
or visit us at jccrockland.org**

SandlotStars

AT JCC ROCKLAND

845.362.4400

2009 SUMMER SPORTS CAMPS

MULTI-SPORT CAMP DIRECTED BY MIKE LOONEY



SANDLOT STARS provides the missing **athletic development** component that every child needs and deserves.

Kids get stronger, faster, and better conditioned for sports, but in a fun way that still allows them to be kids.

We combine a mix of physical education and traditional school games and activities, where kids learn to think for themselves, be creative, and most of all...just **play!**

Our camp features college-age athletic counselors who are **dedicated** to teaching the proper fundamentals necessary for children to realize their own athletic potential.

SESSION HIGHLIGHTS:

- ★ Speed & Agility
- ★ Obstacle Courses
- ★ Physical Education
- ★ Camp Olympics
- ★ Dodgeball
- ★ Flag Football
- ★ Soccer
- ★ Basketball

INCLUDES:

- Lunch
- Air-Conditioning
- Huge Gymnasium
- Outdoor Field
- Recreation Room
- Rainy Day Rooms
- Dance Studio
- Aerobics Studios
- XRKade Fitness

6 WEEKLY SESSIONS:

- July 6 - August 14**
- Grades 1-8: 9am-3pm**
- Grades 9-10: 9am-1pm**



JCC Members/ Sandlot Stars Alumni:

Early Bird until May 17
One week: \$265
More than one week or more than one child: \$240

After May 17
One week: \$290
More than one week or more than one child: \$265

Non-Members Early Bird:

Early Bird until May 17
One week: \$295
More than one week or more than one child: \$270

After May 17
One week: \$320
More than one week or more than one child: \$295



2009 SUMMER SPORTS CAMP REGISTRATION

Child #1: _____ '09-'10 Grade _____

Child #2: _____ Grade _____

Child #3: _____ Grade _____

Address: _____

City: _____

State: _____ Zip: _____

Home Phone: _____

Cell Phone: _____

E-mail: _____

Friend Request: _____

I will be attending camp:

- July 6 - July 10
- July 13 - July 17
- July 20 - July 24
- July 27 - July 31
- August 3 - August 7
- August 10 - August 14

Total Amount Enclosed: _____

Please make checks payable to:

JCC Rockland
450 West Nyack Road
West Nyack, New York 10994

Please charge my:

- AMEX
- MC
- VISA
- DISCOVER

CC #: _____

Exp. Date: _____ Code: _____

Parent Signature: _____

T-Shirt Size:

- YS
- YM
- YL
- AS
- AM
- AL

(Please indicate size for each child)

For more info contact Sherry at 845.362.4400 ext. 172 or sherryf@jccrockland.org or visit us at jccrockland.org